

Tung Wah Group of Hospitals
Mrs. Wu York Yu Memorial College (2012-13)
F.1-3 Morning Reading (19.9.2012 Wednesday Day 1)

Sports Explorer ES10

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SOCIETY

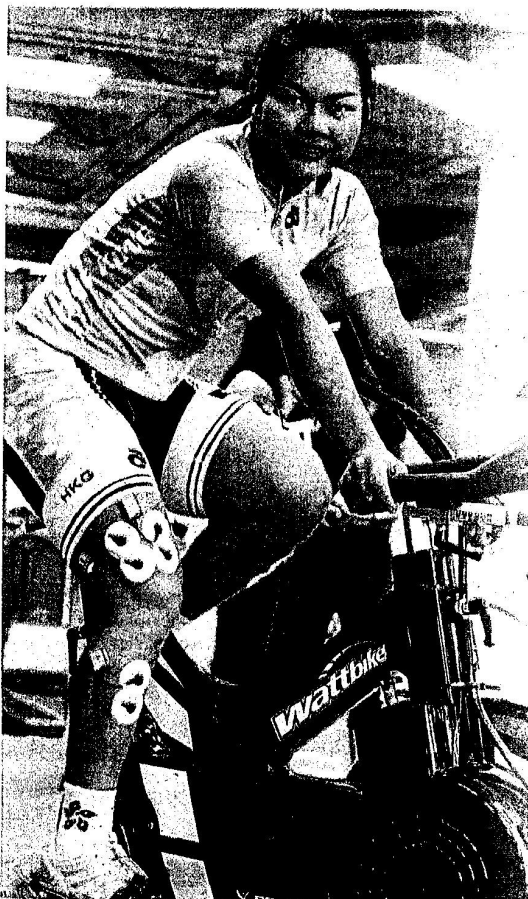
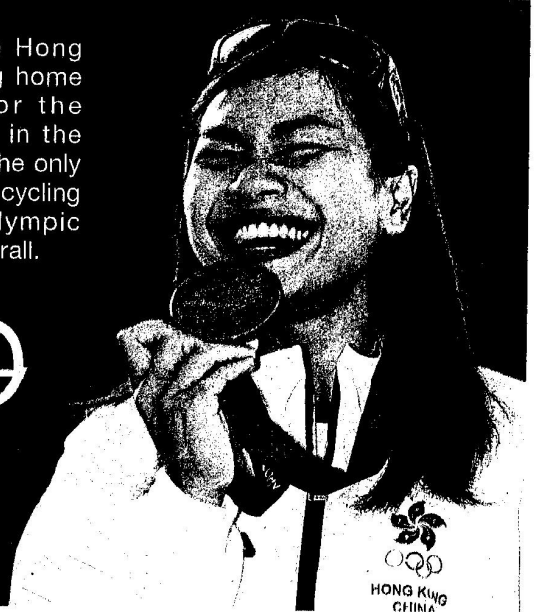
English Elective
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SARAH Lee has made Hong Kong proud by bringing home the bronze medal for the women's keirin debut in the 2012 Olympic Games – the only medal that the city has in cycling so far and the third Olympic medal it has achieved overall.

Sarah Lee

The cyclist living the Ngau Tau Kok dream



TWENTY-FIVE-YEAR-OLD Sarah is a **(A1)** example of a humble girl next door who shot to fame. Growing up in an Ngau Tau Kok public estate living in a **(A2)** one room flat with her five-member-family, like **(A3)** many others Sarah attended a local school for which she represented in **(A4)** athletics in game after game.

Thanks to her teachers who spotted her talent, she received a recommendation to **(A5)** study at the Hong Kong Sports Institute where she continued training. Her talent was later recognised and Sarah was recruited by The Hong Kong Cycling Association.

In 2004, Sarah became a full time athlete. **(A6)** Her breakthrough finally came in 2010 when she won the championship in the Guangzhou Asian Games for the 500 metre time trial track cycling event, in which she broke the Asian record.

Her performance in the **(A7)** games that followed impressed the Sports Federation and Olympic Committee of Hong Kong to name her as flag-bearer for the Games' opening ceremony.

That she won a bronze medal **(A8)** the people of Hong Kong and placed her in the media spotlight. Since then she has been interviewed several times and only then did the stories of her life begin to surface.

She has spoken of the difficult time she had after an accident on a training day as she **(A9)** to steer away from a stray dog. The accident left her with a broken left wrist, which was operated on thrice, and despite surgery, **(A10)**

even today her left wrist isn't fully functional. **(A11)** that injury coupled with having an illness like anaemia, she never gave up.

Sarah's story of success is an inspiration for others and in her words, "dreams do come true!"

GLOSSARY

1. keirin (n. 競輪)
2. debut (n. 首次露面)
3. athletics (n. 體育運動)
4. anaemia (n. 貧血)

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Name: _____ **My Tasks** 😊 Class & No. _____

A. My Vocabulary Bank (Write the missing words and their parts of speech.)

	Word	Synonym	Part of Speech		Word	Synonym	Part of Speech
1.	fine	good	Adj.	4.	stunned	shocked	Verb
2.	tiny	small	Adj.	5.	attempted	tried	Verb
3.	numerous	lots of	Adj.	6.	Despite	In spite of	Prep.

B. Useful Expressions to Me (Match the phrases with the appropriate meanings.)

(L.3) shoot(s) to fame	😊		😊	choose(s) someone to hold the flag
(L.19-20) break(s) the record	😊		😊	become(s) known or obvious
(L.24) name(s) somebody as flag-bearer	😊		😊	beat(s) the previous best performance.
(L.27-28) in the media spotlight	😊		😊	become(s) famous or successfully very quickly
(L.30) begin(s) to surface	😊		😊	getting a great deal of attention

C. WYY motto & exemplary behaviors 😊 (Write the WYY Motto and give examples.)

WYY Motto	Sarah Lee	*Dr. Joanna Tse (WYY graduate)
Diligence	<i>Ss' own response</i>	<i>e.g. In the decade following her graduation as a doctor, Joanna added three more academic qualifications to her cap.</i>
Frugality		
Loyalty		
Faithfulness		

**You may refer to 35th Anniversary Writing Challenge (given by your English Teacher).*

✌️ **My Motto & My Dream** 🙌

Ss' own response; Class Ts may invite the Ss to share with others.